

**Al-Anon Suffolk Information Service Board Meeting**  
November 19, 2025 7:00 pm / Zoom 871 9860 8842

<p><b>Acting Chair:</b> Laura M</p>	<p><b>Welcome and Serenity Prayer / Meeting Protocols</b></p>
<p><b>Introductions</b></p>	<p>Laura M (Website Coordinator) Barbara B (Treasurer) Theresa W (Corresponding Secretary) Judy F (Public and Institutional Outreach Coordinator) Mary Ellen (Alateen Coordinator) Kathy S (P.O. Box Coordinator) Steve (Literature Coordinator) Matt C (AA Liaison)</p>
<p><b>Old Business</b></p>	<p><b>Vote on Minutes from October Board Meeting</b> Motion for consensus made by Barbara, unanimously carried</p> <p><b>Open Board positions:</b> Officers: Chairperson, Vice-Chairperson, Recording Secretary Coordinators: Meeting List (Leon is acting interim), Al-Anews Liaisons: to NY South Assembly Area, to ALISON (Nassau), ALISON to ASIS Workshop Facilitators: Choices</p> <p><b>As of January 1st - these additional positions will be open:</b> Public &amp; Institutional Speaking Coordinator: (<a href="mailto:publicinstitutionalspeakers@al-anon-suffolk-ny.org">publicinstitutionalspeakers@al-anon-suffolk-ny.org</a>) Speakers Exchange Coordinator: (<a href="mailto:speakersexchange@al-anon-suffolk-ny.org">speakersexchange@al-anon-suffolk-ny.org</a>) Digital ServicesCoordinator: (<a href="mailto:TechASIS@al-anon-suffolk-ny.org">TechASIS@al-anon-suffolk-ny.org</a>)</p> <p>Leon proposed that future Quarterly Meetings be Zoom only since we are no longer printing email lists.</p> <p>Motion made by Judy O., seconded by Mary Ellen, unanimously carried</p>
<p><b>Treasurer Budget Review</b> Barbara</p>	<p>\$10,957.05 Balance; Net increase of \$1822.89 from Month of October \$5777.05 available after reserves and restricted donations. Full Report Attached</p> <p>Find Monthly Treasury Reports Here: (<a href="#">Treasury Reports - Al-Anon Suffolk County Family Groups</a>)</p>
<p><b>Corresponding Secretary</b> Theresa</p>	<p>Comparing records to the meeting list on the website, I have meetings on my list that are not on the meeting list, and vice versa. I am compiling the information and will email to Leon and Laura.</p> <p>Barbara suggested I consult with Judy H, Records Coordinator for the NY South Assembly Area. She will send me Judy's email.</p>
<p><b>Alateen Coordinator</b> Mary Ellen</p>	<p>Our AMIAS team members continue to be actively engaged in the community—sharing their experience, strength, and hope at group anniversaries and AA/Al-Anon meetings. We've also contributed to the WSO's Public Outreach feedback initiative, including a meaningful conversation with the Director of Public Outreach to share our experience and recommendations for the Public Outreach toolkit.</p> <p>Team Alateen is a part of NY South taskforce which is currently evaluating the feasibility of implementing the proposed WSO's Electronic Alateen Safety and Behavioral Requirements (EASBR). Once completed, the taskforce will present our findings to the NY South Area Council.</p>

	<p>Our active in-person meetings are underway and each face the need for additional AMIAS to support our teens. The last two classes take place November 17 and November 20, 2025. So far, two additional Alanon members have attended the class and are on their way towards becoming AMIAS, bringing our total count to 28.</p> <p>In addition to speaking at service anniversaries including Babylon and Smithtown, we have participated at Cold Spring Harbor High School and Middle School's mental health week hosting an interactive Alateen game and information table with over 80 teens participating. Alateen also participated in the recent LGBTQ+ consortium offering information about Alateen and learning more about teen support initiatives throughout Suffolk County.</p> <p>Our Alateen flyer was a big hit again this month encouraging Alanon members to support Alateen by becoming an AMIAS and/or by recommending Alateen to the teens in their lives. Alateen is a grassroots organization with strong dependence on members in Alanon and AA to encourage Alateen awareness and attendance at meetings.</p> <p>Like so many others, Alateen actively participated in the recent Hugs, Hope and Healing workshop! We celebrated experience, strength and hope as community.</p>
<p><b>Liaison to AA of Suffolk</b> Matt C</p>	<p>AA Unity Breakfast with Al-Anon Participation is scheduled for February 1, 2026 from 9:00 a.m. to 1:00 p.m. at the Marriott Melville (1350 Walt Whitman Road, Melville).</p> <p>Al-Anon members will be invited to partake in the "Serenity Countdown" prior to the keynote speakers. The event will include an Al-Anon keynote speaker.</p> <p>The committee has also reached out to try and get an Alateen speaker to better unify the fellowships.</p> <p>Tickets are \$45 and are available presale only on the AA GSR Website (<a href="https://aasuffolkgs-ny.org/">https://aasuffolkgs-ny.org/</a>)</p>
<p><b>Beginner Meeting Coordinator</b> Terry B</p>	<p>Not Present</p> <p>To date, 310 people have attended the How It Works Newcoming meeting. So far this year, 295 people have attended, so attendance is more than twice last year's.</p>
<p><b>Digital Services/Archives Coordinator</b> Leon R</p>	<p>Not Present</p> <p>See attached Report</p>
<p><b>Literature Coordinator</b> Steve W</p>	<p>Not Present</p>
<p><b>Phone Service Coordinator</b> Rose K</p>	<p>We are down one person.</p> <p>There is open availability</p>
<p><b>P.O. Box Coordinator</b> Kathy S</p>	<p>Picked up mail on 10/28/25 and forwarded to Treasurer</p>
<p><b>Public &amp; Institutional Speaking Coordinator</b> Judy F</p>	<p>Meetings on Wheels:</p> <ul style="list-style-type: none"> <li>• Steve and Joe are doing men's meeting at the jail</li> <li>• Women's correctional facility being managed by others</li> <li>• Have given out over 5000 welcome packets in the last three years</li> </ul>

	<ul style="list-style-type: none"> <li>• Service term ends December 31. Doing outreach at several meetings inviting people to come to the November 30 Zoom Gathering. MOW Volunteers will say a few words</li> <li>• Having a debrief with other MOWs to try to figure out a continuity plan without a chair if no one steps up.</li> </ul> <p>Reminder: Potluck fellowship at Judy's House on Sunday, December 7, from 1:00 p.m. to 5:00 p.m.</p>
<p><b>Public Outreach Coordinator</b> Judy O</p>	<p>HUGS was successful in giving out many of the pamphlets and flyers for upcoming events, including open board positions.</p> <p>I would like to thank my committee: Del, Karen, and Rebecca. Most people took info while on their way to the next meetings, so not a lot of interaction. My inventory shows a lot was taken. I do have plenty of Forums, so if anyone was collecting, they could stop for a while.</p> <p>I will be replenishing, placing an order to cover the next step meeting workshop.</p> <p>Judy F. introduced me to a man at HUGS who would like to propose to bring information to professionals and possibly have Forums to introduce them to Al-Anon/Alateen as part of the outreach program.</p>
<p><b>Speaker Exchange Coordinator</b> Kim B</p>	<p>Fall session is underway with 8 groups participating.</p> <p>Please remind all outgoing volunteers to check the ASIS website for meetings to speak at. Confirm speaking dates with the group contact via email. Be sure to inform the Speaker Exchange Coordinator when speaking dates are filled.</p> <p>Please email Kim B. at <a href="mailto:speakersexchange@al-anon-suffolk-ny.org">speakersexchange@al-anon-suffolk-ny.org</a> with any questions, or for assistance.</p>
<p><b>Website Coordinator</b> Laura M</p>	<p>It was brought to my attention that on the meetings page of the website there is a button for Parent Focused Meetings on Zoom. This list is a live link to a Google Doc, which is being updated regularly, and changes appear in real time. There was a link within that document that went to what appeared to be a website entitled "Recoverywithparents.com". However, the place this landed was: <a href="#">Parents in Recovery: Link to 12 Step Meetings Online</a></p> <p>This is not Al-Anon. Links within the site also promote sessions that were monetized. I reached out to the person maintaining this list, and she immediately took out the link.</p> <p>That said, although this meeting list is maintained by someone who seems to have the best intentions to provide information, there are two very good reasons for taking it down:</p> <ol style="list-style-type: none"> <li>1) Unlike the Suffolk County Meeting List, ASIS is not maintaining that these are verified, registered meetings.</li> <li>2) The July 2024 WSO Policy Committee has issued the following regarding choosing a group's name:</li> </ol> <p><a href="https://al-anon.org/pdf/Policy-Committee-Update-July-2024.pdf">https://al-anon.org/pdf/Policy-Committee-Update-July-2024.pdf</a> (group document)</p> <p><b>Excerpt:</b></p>

	<p>Register new groups and update existing group names only when their name does not contain community-identifying designations.</p> <p>Guide groups seeking to encourage community-specific participation to use the “Participants’ designation.</p> <p>The Committee directed staff to communicate widely through the links of service so that existing groups with names containing such designations would be encouraged to practice “obedience to the unenforceable” by aligning their group name with the new policy.</p> <p>Laura called for consensus to take the list down, unanimously carried.</p>
<p><b>HH&amp;H Coordinators</b> Bridget and Debbie</p>	<p>Not Present</p>
<p><b>New Business, Suggestions, Ideas</b></p>	<p><b>December Roles:</b></p> <ul style="list-style-type: none"> <li>• Laura M. has volunteered to act as Chair for the December meeting. Laura has also volunteered to take the position of ASIS Chair for the period of January 1, 2026 through December 31, 2029.</li> <li>• Judy F. has volunteered to take the position of Website Coordinator for the period of January 1, 2026 through December 31, 2029</li> <li>• Barbara has volunteered to act as Recording Secretary for the December meeting.</li> </ul> <p>ISRs will vote on the new Chair and Website Coordinator positions at the January Quarterly meeting.</p> <p>Barbara will send budget sheets so we can send her our needs. She will need volunteers to review the 2026 budget. She may reach out to one of the ISRs who regularly attends quarterly meetings. She also needs a Board member. Last year it was Laura and Steve. Board members are permitted to provide input. Mary Ellen has volunteered to serve in this role.</p> <p>Laura will reach out to Thrive regarding the 2026 schedule.</p> <p>Next Board Meeting will be on Wednesday, December 17, 2025 at 7:00 p.m. on Zoom.</p> <p>Next Quarterly Meeting will be on Wednesday, January 21, 2026 at 7:45 p.m. That meeting, and all future Quarterly meetings, will be on Zoom only. <a href="#">Click to Join Meeting</a></p>
<p><b>Closing</b></p>	<p>Motion to close by Barbara, seconded by Kathy.</p> <p>Meeting closed with the AI-Anon Declaration at 8:15 p.m.</p>

Respectfully submitted by Acting Recording Secretary for November  
Theresa W.  
ASIS Corresponding Secretary  
1/2024 – 12/2027